

THE RED CROSS

Red Cross Sewing

Auxiliaries are requested to send in at once the operating garments and skirts given out in the fall quotas. Please leave all finished work at the Red Cross headquarters in the Gazette block. New quotas will also be taken out from these rooms.

Red Cross Knitting

(From Lake Division News)

National headquarters orders discontinuance of Red Cross knitting program. Chapters are accordingly instructed:

To complete all knitted articles now in process;

To give out no additional yarn to members;

To forward all completed articles as rapidly as possible to division warehouses;

To report all stocks of yarn on hand, distinguishing between sweater and sock yarn.

To The Relatives of Medina County's Soldiers and Sailors:

Your relatives serving with the colors will soon be back in civil life. They may be at home now. For your protection, and for their own, they have undoubtedly taken out insurance with the U. S. government. You should impress upon your relatives in the service the vital importance of keeping their insurance with the government. Write to them with out delay—or tell them personally, if you can—that they may retain insurance with the United States government even after they leave the military service.

The privilege of continuing their government insurance is a valuable right given to soldiers and sailors as part of their compensation for their heroic and loyal services. If the soldier or sailor permits his insurance to lapse, he loses that right, and he never will be able to regain it.

But if he keeps up his present insurance—by the regular payment of the monthly premiums—he will be able to change it later into a standard government policy WITHOUT MEDICAL EXAMINATION. Meantime, he can keep up his present insurance at substantially the same low rate. The government will write ordinary life insurance, 20-payment life, endowment maturing at age 62, and other usual forms of insurance. This will be government insurance, at government rates.

Many men will come out of this war physically impaired and will, therefore, be unable to obtain any life insurance protection whatsoever for themselves and their families, unless they keep up their present insurance with the U. S. government. Uncle Sam's insurance may be continued and converted into standard government policies, regardless of the men's physical condition.

Impress these things upon your relatives in the service. Tell them that there is nothing safer or stronger than government insurance. Tell them to talk about this to their commanding officers and to the insurance officer at their places of duty, before they leave the service. Tell them to carry back with them to civil life, as an aid and an asset, the continued insurance protection of the United States government. Tell them, for your sake and for their sake, to Hold on to Uncle Sam's Insurance.

Floyd E. Stine, Chairman, Medina County Civilian Relief.

Mobilizing the Nurses of America for Peace.

With the release of large numbers of graduate nurses from military service, it will be possible to take up again the nursing activities which have been interrupted by the more insistent needs of war. For many years the medical and the nursing professions have seen the great need for universal health education and protection. One of the first things on the peace program of the Red Cross will be the further development of Public Health Nursing, and of the courses in Home Hygiene and Care of the Sick, and Home Dietetics, so that the women of the country may be better prepared to safeguard the health of their families, and to care for minor illnesses in their own homes.

One of the strongest arguments for the extension of this work has been brought out by the number of rejec-

FAVORITE TONIC AFTER SICKNESS

PUTS YOUR BACK TO WORK DAYS AND WEEKS SOONER THAN USUAL

Proven Best During Recent "Flu" Epidemic.

Untold thousands of people of all ages attacked by the Spanish Influenza found that Hypo-Cod was the only remedy that they could take with certainty of rapidly recovering their strength, appetite, energy and vitality.

It quickly drove away their aching pains and soreness. Lung congestion, pains in chest and bad coughs disappeared quickly for them and back came their appetite in just a day or so.

Thousands attribute their prompt and complete recovery to it and many proved conclusively that it would ward off complications and fortify the system against the dangerous ailments that are always apt to follow while the system is in a weakened rundown condition.

If any member of the family is finding it hard to regain their strength, take them home a bottle of Hypo-Cod. It is remarkable what it will do. It contains syrup of Hypophosphites, Cod Liver Oil, Malt, Iron Wine and Wild Cherry Bark. It is pleasant to take, children are fond of it and it agrees perfectly with the most delicate stomach. Get a bottle to-night of the nearest well stocked drug store or send \$1.20 to Earle Chemical Co., Wheeling for large bottle of Hypo-Cod prepaid.

tions for physical defects in the army draft. While complete statistics are not yet available, it is an acknowledged fact that a very high proportion of men were disqualified for dental and other defects, which might very easily have been remedied by inspection and compulsory medical care in public schools some years ago.

The epidemic of influenza has brought home to the entire civilian population of the United States, the truth of the statement that preventable disease destroys at least as many lives as have the mowing guns of the greatest war in history. With an incomplete casualty list already of over 75,000, the epidemic is not yet checked. Conditions which have seemed almost unbelievable have brought out the fact that, in hundreds of communities in the United States, there are absolutely no nursing resources whatsoever.

With the return to civilian communities of about 20,000 graduate nurses released from military duty, we hope to extend greatly the Town and Country Nursing Service of the Red Cross, and to interest nurses in public health activities, so that skilled professional nursing will be available to even the most remote parts of the country.—Jane A. Delano, Director Dept. of Nursing, A. R. C.

THE FARMER'S INVENTORY

The inventory is an essential part of an accounting system for the farm. The beginning of the year is the proper time for most farmers to take stock of machinery and other equipment and to list and put a valuation upon every animal and thing on the farm. Like other business men, farmers need to know what they have, what each article cost, and also its market value at a given time (say January 1 or March 1) of each year. Comparing the inventory of January 1, 1918, with that of January 1, 1919, a farmer will have a better opportunity to study his business than he could otherwise have.

The inventory may be thought of as the beginning of an accounting system. Thousands of farmers are now making systematic efforts to keep such records and accounts as will enable them to know their business as business, and to be able to know how and why it is profitable or unprofitable. In this work many farmers are getting substantial help from farm-management demonstrators and county agents, and all may by asking for it.



In the Name of Pity—Give!

Oh, America of the great heart, the cry of the stricken peoples of the Near East is heard at your door.

You have been so close to us through all the years of our struggles toward the light. Your hands outstretched to us have never been empty.

AND now we cry to you from the depths of a greater need than even our torn souls have ever known. In the name of pity—do not fail us!

There has been cruel suffering in our lands, massacre, famine, death. But the spirit of our people still lives, and calls to you across the sea to send help lest we perish.

Our God is your God, and we bare our souls for your searching eyes that you may see how we have never denied Him, nor

shamed Him. When our world rocked in misery about us, in our torn and tortured bodies our hearts still cradled and sheltered the crucified Christ. We held true in our allegiance to God and humanity.

The people of the Near East are old in suffering. The way we have traveled has been Via Dolorosa, the way of tears and blood. And now—we are so low in the dust that only your young, unshattered strength can raise us.

Around the world the news has gone, is ringing today clarion-clear, that America's men and America's women have never yet been called upon in vain to right a wrong, to protect the weak, to succor the defenseless. We cry to you, help us—America! We are Armenian, Syrian, Greek, Jew, and we speak strange tongues, but our need of you is so great. What is left of our children are starving. What is left of our men and women, young men and maidens, are without work, without shelter, without clothing, racked with disease. Open your great hearts and give, and our people will pay. In the years to come, how they will pay in return! You, who are so safe and strong beyond the reach of such misery as ours, open your heart to our cry.

17c a day—\$5 a month—\$60 a year will buy life for one of us.

In the name of pity—give!

Every dollar subscribed goes to the Relief Work

All expenses are privately met

All funds are cabled through the Department of State

All funds are distributed through U. S. Consuls or American Agencies

Our Government is prevented from giving aid

The Red Cross is not organized for Relief Work in these sections

INDIA

Tire - Service - Station

Now is the time, people when the car is layed up for winter.

Look over your tires and have them ready for the first nice days of the Spring.

This time we are just going to mention Stone Bruises. Look on the inside for cracked fabric. After the fabric is once broken it is only a matter of time until you have a blow-out.

Come in and talk to us about them. We have a way all our own of repairing them.

1918 Motorcycle for sale. Has been run only 400 miles. Price \$220.00.

Santee & Brought.

ARMENIAN AND SYRIAN RELIEF